

Use the below prompts to write, reflect, and pray with God, sometime this week.

1. **Confess**

Of the heart barriers we learned about this week (guilt & shame, greed, pride, offense & bitterness), which do you feel like is your most obvious struggle and why?

2. **Repent**

Use Psalm 51 as a prayer - speak the words of this Psalm over yourself to God.

3. **Declare**

Write out the following declarations (or make your own) and then speak them over yourself:

- *God's goodness is leading me to repentance*
- *My love for God is proportional to my revelation of how much He loves me*
- *My life continually demonstrates God's goodness to others*
- *Jesus took what I deserved so I could get what he deserved*
- *Every day I see a new aspect of His goodness*

If you'd like to sign up for a prayer session you can do that @ radiantlifeministries.com/prayer

It would be an honor to serve you.